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Baby born without lips

Most babies are born healthy at or near their due date. Sometimes, though, babies are born early and might have health problems. Why Are Some Babies Born Early? Babies born before 37 weeks are premature. A premature birth is more likely to happen when a mother has a health problem — like diabetes — or does harmful things during her pregnancy, like smoke or drink. If she lives with a lot of stress, that also can make her baby be born too early. Many things can cause a baby to be born early or with health problems. Some of these things can be controlled, but others can't. Here's what you can do to have a healthy pregnancy. How Can I Stay Healthy During Pregnancy? During pregnancy, help your baby grow strong and healthy. Be sure to: Start prenatal care as soon as you think you're pregnant. Prenatal care is the health care that you get during pregnancy. All pregnant women should see a health care professional as soon as they think they're pregnant, and should plan regular prenatal visits throughout pregnancy. Get health problems treated. It's best to have any health problems (like diabetes, depression, or high blood pressure) under control before becoming pregnant. But if you don't, talk to your doctor right away about a treatment plan. Eat a healthy diet. It's important to eat a variety of healthy foods before and during pregnancy. Take a prenatal vitamin to be sure you're getting enough folic acid, iron, and other important nutrients. Gain the right amount of weight. How much weight you should gain depends on how much you weighed before you were pregnant. Most women who are at a healthy weight should gain about 25 to 35 pounds during pregnancy. Overweight women should probably gain less. Don't smoke, drink alcohol, or take illegal drugs. Staying away from tobacco, alcohol, and drugs can help you and your baby avoid many serious health problems, like fetal alcohol syndrome and neonatal abstinence syndrome (NAS). If you do any of these things, get help to quit. Wait at least 12 months between pregnancies. Increasing the time between pregnancies may lower the chances of preterm birth, especially if you had a premature baby before. Things You Can't Control During Pregnancy Some things that may increase the chances of a premature birth are out of your control. This doesn't mean that your baby will be born sick or too early. Remember, most babies are born healthy. Here are some things you can't control during pregnancy: Your age. Mothers who are 17 or younger or 35 or older are more likely to have a premature baby. Teen moms are more likely to get high blood pressure during pregnancy and less likely to get the health care they need. Older women are more likely to have health problems before they get pregnant. The number of babies (multiples). The chances of having a premature baby go up if the mother is pregnant with twins, triplets, or more. More than half of all twins are born early. Your health. Moms with problems like diabetes, depression, or high blood pressure may need to see their health care professional more often to keep these conditions under control. Problems with an earlier pregnancy. A woman who has had a previous early delivery, or a baby born with health problems or a birth defect, is more likely to have problems in future pregnancies too. Other factors. It's not clear why, but black women are more likely to have premature babies than white and Hispanic women. If you're pregnant or are planning to be, talk with your health care professional. Women who get regular prenatal care are more likely to have a healthier pregnancy and baby. Reviewed by: Armando Fuentes, MD Date reviewed: October 2018 Most babies are born healthy at or near their due date. 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Moms with problems like diabetes, depression, or high blood pressure may need to see their health care professional more often to keep these conditions under control. Problems with an earlier pregnancy. A woman who has had a previous early delivery, or a baby born with health problems or a birth defect, is more likely to have problems in future pregnancies too. Other factors. It's not clear why, but black women are more likely to have premature babies than white and Hispanic women. If you're pregnant or are planning to be, talk with your health care professional. Women who get regular prenatal care are more likely to have a healthier pregnancy and baby. Reviewed by: Armando Fuentes, MD Date reviewed: October 2018 While fashion week provides inspiration for the season to come, we can all admit (yes, even us) that many of the beauty looks are totally unwearable. When I'm backstage and a fellow reporter asks the question "How does this translate into everyday makeup?" the answer from the makeup artist is often "It doesn't." Awkward.However, this morning at Public School, makeup artist Grace Lee used a drugstore staple, Maybelline Baby Lips Lip Balm in Quenched, to create a glossy, smoky eye that might just make sense for the regular woman. After layering taupe-gray powder shadows, gel liner, and even a little black lipstick around the eye, the lip balm pulled the look together to achieve a smudgy sheen. It's a consumer-friendly version of the eye glosses makeup artists have been playing with for the last few seasons.The look wasn't supposed to be sexy—designers Dao-Yi Chow and Maxwell Osborne were inspired by street-gang style from the late '70s—but something about this look is kind of hot. Perhaps it's the fact that the look isn't perfect; she's not trying too hard. But don't call it grunge. "It's not quite grunge because these girls are stronger.... It's war paint," said Lee.As for application methods, Lee used a flat liner brush to blend some of the formula from the stick over the lids and into the crease. If you're trying this at home, she recommends avoiding the lash line and focusing your efforts just above the crease, where it will be less likely to get too messy, just remember. A little mess is good.The only other makeup utilized was mascara, but just at the base of the lashes, not followed through the ends, which adds depth while still looking tough. I'm excited to try this look at home, although you can count on me to add a little undereye concealer to the process. Medically reviewed by Karen Gill, M.D. — Written by Jesse Klein on August 10, 2020Is it serious?CausesWhen to see a doctorTreatmentsOutlookIf the skin around the lips is blue or purple, the issue is often temporary and no cause for concern. But if the skin of the lips is blue, and this tinge extends to the mouth, face, or other areas, seek medical care right away.Blue lips, like any blue skin, results from a lack of oxygen in the blood.Blood that is full of oxygen is red, creating a warm hue, especially on lighter skin. Blood that is low in oxygen is blue or purple, causing the skin to take on a similar shade. This coloring can be more noticeable where the skin is thinnest, such as the lips, and the skin of newborns is particularly thin.People describing blue lips may be referring to a purplish coloration around the lips. This is a common issue that is not usually serious and tends to fade quickly. A truly blue tinge to the lips is rare and a cause for concern. Though the coloring may be purplish, we continue using the more common term, “blue lips,” below. But we describe the distinctions and when to seek help in more detail.Share on PinterestA bluish or purplish tinge around the lips is not usually a cause for concern.If the skin around the lips looks blue or the lips look purplish but the baby is breathing comfortably and behaving normally, the issue is unlikely to be serious.If the baby is struggling or unable to breathe, call 911 immediately. The baby's airway could be blocked by food or another foreign object. A baby who is choking may not make noise. The 911 operator can give step-by-step instructions about what to do.Usually, lips that are temporarily bluish result from the baby being cold, such as after a bath or during exposure to cold air.Babies are less able to regulate body temperature than older children, so reactions to temperature changes may be extreme. The lips should regain their usual color as the baby's temperature returns to normal.Here, learn what to do when a baby has a low temperature.If the lips remain blue after the baby warms up or if there is no clear reason for the bluish tinge, it could indicate an issue that requires professional care.Anyone with concerns should speak with a healthcare provider.There are two main causes of blue lips in a baby: acrocyanosis and central cyanosis. Acrocyanosis is not serious, but central cyanosis requires urgent medical attention.AcrocyanosisAcrocyanosis causes a painless discoloration of the extremities and sometimes the area around the mouth. The lips of the baby may appear purplish, but not truly blue.It is very common in newborns, and it results from temperature changes. When a baby gets cold, their blood vessels constrict to concentrate the flow of blood around vital organs, such as the heart, lungs, and brain.As the baby's internal temperature regulates, their coloring should return to normal.Central cyanosisCentral cyanosis can indicate a severe underlying problem with the baby's oxygen system. The issue causes areas of skin to turn blue, particularly the lips, facial skin, and tongue. It indicates that the baby's blood does not have enough oxygen. Numerous health conditions can cause central cyanosis. Many involve abnormalities of the lungs, heart, or airways. For example, a congenital heart abnormality could be causing blood to bypass the lungs and not collect new oxygen to deliver. The abnormality may be tetralogy of Fallot or tricuspid atresia.Otherwise, respiratory conditions — asthma, pneumonia, or bronchiolitis — could be limiting the amount of oxygen entering the blood.Also, environmental factors could be involved. Smoke inhalation, for example, can limit the amount of oxygen in the blood.If a baby is struggling to breathe, call 911 immediately. Keep in mind that a baby who is choking may not make noise.If a blue tinge extends from around the lips to the mouth, tongue, head, or other areas, speak with a healthcare provider immediately.If a baby has bluish lips frequently — with no obvious cause, such as temperature changes — but is otherwise behaving normally, it is worth consulting a doctor.If blue skin develops just around the lips and on the hands and feet, the issue is likely acrocyanosis, which resolves on its own over time.Acrocyanosis requires no treatment. The coloration fades as the baby's internal temperature stabilizes, and the issue resolves over time as the baby's circulatory system matures.Central cyanosis is usually a sign of an underlying health problem. Depending on the diagnosis, the treatment or management plan varies. Early diagnosis is key in preventing complications.A bluish or purplish tinge to the lips results from a decrease in blood oxygen levels.If this skin around the lips has this tinge, as may the extremities, the cause is usually a change in body temperature. The coloration typically fades quickly and the issue resolves on its own over time.However, if a blue tinge to the lips extends to the tongue, mouth, the skin on the face, or other areas, speak with a healthcare professional right away. If the baby seems to be struggling to breathe, contact emergency services. Last medically reviewed on August 10, 2020Pediatrics / Children's HealthParenthood On Tuesday, a couple were driving on the freeway in Royal Oak, Michigan, when their baby decided to make an early arrival. By the time firefighters showed up on the scene, the baby was already born—thanks to the quick-thinking father, who helped with the roadside delivery. The first responders cut the umbilical cord and took the new family to the hospital, where mom, dad, and baby are all reportedly fine. But that wasn't the only dramatic birth to take place this week. In the wee hours of Wednesday morning, Tiffany Williams' water broke. So she and her boyfriend, Johnny Davis, immediately hopped in the car and raced to the hospital in DeKalb County, Georgia. Their trip, however, would prove to be short-lived. “We got on the road and next thing you know, the baby's head was coming out,” Davis told his local Fox affiliate. All this just 15 minutes after Williams' water broke! Thankfully, the new dad's instincts kicked in, and he sprang right into action. “I did what any father would do,” he said. “Stopped the car, hopped out, stopped traffic, and became the doctor. Got the baby out. Called the ambulance and here we are.” Just to reiterate here, Davis helped delivered his baby girl. In the front seat of the car. On the side of the road, no less. Afterward, he spotted a nearby Waffle House parking lot, pulled in and called the paramedics, who whisked the new family to the hospital. Mom and baby are fine, though my guess is that the brave dad is probably still riding the adrenaline high. Related: Sweet Photos of Dads Seeing Their Babies for the First Time Congratulations to the new families —and way to go, dads! Don't forget to sign up to receive our free Parents Daily Baby newsletter Bonnie Gibbs Vengrow is a New York City-based writer and editor who traded in her Blackberry and Metro card for playdates and PB&J sandwiches—and the once-in-a-lifetime chance to watch her feisty, funny son grow up. Follow her on Twitter Pinterest, and Google+. Image of newborn baby courtesy of

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